



What is a Cataract?

A cataract is a clouding of the lens inside the eye. In advanced cases, it may look like a white clouding of the normally black pupil. A cataract usually occurs in patients over 55 years of age but may occur in infants and children. Symptoms of a cataract include the following:

- Blurry vision*
- Glare*
- Reduced intensity of colors, colors appear less vibrant*

Cataracts usually develop due to aging but there are other contributing factors which can cause them to develop and progress more rapidly such as UV radiation, certain medications, smoking, trauma and poor nutrition.