

**Freehold Eye & Vision Care
Carolyn LoBocchiaro, O.D.
Optometric Physician**

Dilated Fundus Exam

This important diagnostic procedure involves instilling medication into the eyes to dilate (open up) the pupil. This allows the health of the entire retina (the tissue located behind the eye) to be assessed. In the non-dilated state, only the central portion of the retina and the optic nerve can be seen. Viewing the entire retina is important in detecting certain diseases that may only show up in areas not usually seen during a regular evaluation.

This test is strongly recommended for the following:

- any patient with moderate or high nearsightedness (>3 units of myopia)
- any patient with systemic diseases especially diabetes or hypertension
- any patient with complaints of flashes or floaters
- all first time patients in order to establish a baseline

The side effects of the drops are blurry vision at near, sometimes far, and an increased sensitivity to light. The medication takes 4-6 hours to wear off completely but starts to wear off after 2 hours.

There is no extra charge for this procedure. I understand the importance of the dilation but I am **NOT** interested in having it today.

Name of Patient or Legal Guardian: _____

Signature of Patient or Legal Guardian: _____

Date: _____